

Safety Management Systems

SafetyCat.com



Environmental Safety & Health Training



2010

Courses & Dates

Training America to Work Safe

800.922.3520

2010 Class Schedule on Back Page



Safety Management Systems

5405 Alton Parkway,
Suite 5A-549
Irvine, CA 92604
(800) 922-3520

SMS educates employees by providing them with the newest DOT & OSHA regulations. We use “state -of-the-art ” technology:

Power Point Presentations
DVD Movies
High Impact Videos



Classes held on the campus at **Cal-State University Fullerton**



SMS Specializes in HAZWOPER TRAINING



100% Club

INFORMATION & CLASSES

HAZWOPER



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HAZARD COMMUNICATION

Hazard Communication: \$75
29 CFR 1910.1200
Time: 4 Hours

This certificate course meets and exceeds OSHA requirements for **29 CFR, Part 1910.1200** and the **CCR Title 8, 5194**. This course is required for all employees who handle hazardous substances. A hazard communication program is also required for companies having 10 or more employees. Students will learn how to: safely work with chemicals, read an MSDS, label containers or packages, use required respiratory protection and how to use and select personal protective equipment. This course will also outline safe work practices, legal and recommended exposure limits and toxic properties of chemicals.

Covered topics include the following:



- Safe Chemical Handling
- Respiratory Protection
- Person Protective Equipment
- General Safety
- MSDS Usage
- Labeling
- Toxicology
- Exposure Guidelines
- And More

Course materials:

Students will receive a comprehensive course manual, copy of the regulations, ERG on CD-ROM or book, MSDS Dictionary, and certificate of completion.

40-HOUR HAZWOPER

40-Hour HAZWOPER: \$325

General Site Worker

Time: 4 Days

This certificate course meets and exceeds OSHA requirements for 29 CFR, Part 1910.120 (e). The course is designed for engineers, geologists, drillers, equipment operators, project managers, and others who work at a hazardous waste site or who need “HAZWOPER” certification.

The course is a dynamic and proven course covering all aspects of hazardous materials and hazardous waste handling and operations. It is filled with hands-on activities allowing students to work with various types of personal protective clothing, respirators, sampling equipment and more. Students will participate in simulated hazardous materials cleanup and decontamination exercises.

Covered topics include the following:

- 
- Hazard Communication
 - Medical Surveillance
 - Regulatory Overview
 - Hazardous Materials Toxicology
 - Chemical and Physical Hazards
 - Hazard Recognition
 - Respiratory Protection
 - Chemical Protective Equipment
- Decontamination Practices
 - Site Safety Plans
 - General Safe Work Practices
 - Container Handling
 - SCBA Usage
 - Confined Space Operations
 - Physical Hazards
 - Field Safety and Operational Procedures
- 

Course materials: Students will receive a comprehensive course manual, copy of the regulations, ERG book, MSDS Dictionary, certificate of completion and wallet card.

24-HOUR HAZWOPER

24-Hour HAZWOPER: \$250

Occasional Site Worker

29 CFR 1910.120 (e)

Time: 3 Days

This course is similar in content to the 40-hour Hazardous Waste Operations course, but is designed for those who work on site only occasionally for specific limited tasks and/or who are unlikely to be exposed over the permissible exposure limits.

The course will focus on working safely around hazardous materials and hazardous waste and will provide the student with the necessary information and certification needed to assist at a hazardous waste site.

Covered topics include the following:

- Hazard Communication
- Regulatory Overview
- Hazardous Materials Toxicology
- Chemical and Physical Hazards
- Hazard Recognition
- Respiratory Protection
- Chemical Protective Equipment
- Decontamination Practices
- Site Safety Plans
- General Safe Work Practices
- Container Handling
- Physical Hazards
- Field Safety and Operational Procedures



Course materials: Students will receive a comprehensive course manual, copy of the regulations, ERG book, MSDS Dictionary, certificate of completion, wallet card.

8-HR HAZWOPER Refresher

HAZWOPER Annual Refresher \$85

Regulation: 29 CFR 1910.120 (e)

Time: 1 Day

If you're tired of repeating the same old 8-hour refresher year after year, this is the class for you. It offers personable, dynamic instructors able to tailor each presentation to the needs of the students. The course emphasizes new developments in the field, and areas of discussion and includes:

- New hazardous waste OSHA and DOT regulations
- Basic toxicology, including the latest on PELs
- Chemical incompatibility
- Physical and special hazards
- Respiratory protection and the pending OSHA Standard
- Site control from an exclusion zone perspective
- Decontamination methodologies

A qualitative fit test of air purifying respirators will be performed on each student (if required). Students must supply their own half- and/or full-face respirator with HEPA (purple label) cartridges. Current medical certification for respiratory usage is strongly recommended.

This course is designed for workers who have already passed a 24- or 40-hour hazardous waste operations course and meets the **29 CFR 1910.120** OSHA refresher requirement.

Course materials include an updated reference manual, handouts, certificate and wallet card.



SUPERVISOR HAZWOPER

Supervisor HAZWOPER: \$250

Regulation: 29 CFR 1910.120 (e)

Time: 1 Day

Includes: "How to Survive an OSHA Inspection"

On-site management and supervisors directly responsible for, or who supervise employees engaged in, hazardous waste operations shall receive at least 8 additional hours of specialized training at the time of job assignment.

The course will focus on developing HAZMAT teams and informing supervisors of the responsibilities and procedures of hazardous waste operations and emergency response activities.



DOT HAZARDOUS MATERIALS

Hazardous Materials Training \$150

DOT HAZMAT HM-181,126F, 232

Time: 1 Day



This course will inform your employees of the current DOT regulations pertaining to hazardous materials in relation to **generators and transporters**. Students will be informed of the

new post 9/11 DOT security regulations.

The DOT requires training every 3 years for: truck drivers, forklift operators who load or unload hazardous materials including handlers, employees who prepare packages for shipping / transport and those engaged in preparing or signing paperwork(manifest, bills of lading).

RCRA / DOT HAZMAT CALIFORNIA WASTE MANAGEMENT

California Waste Management & Transport \$250

**Includes: DOT HAZMAT HM-181,126F, 232
Time: 1 Day**

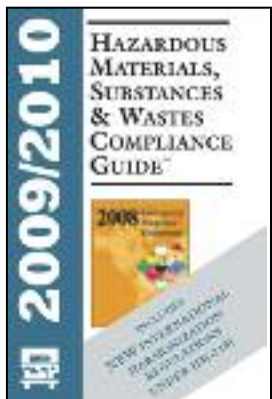
For Generators and Transporters of Hazardous Waste.

This 1-Day class informs students of the current regulations pertaining to hazardous materials and waste management and transport. Students will also be informed of the new post 9/11 DOT security regulations HM-232. Class includes Waste Management for employees working in the "90-Day" area.



Topics Include:

- How complete the hazardous waste manifest
- How to mark containers (California & DOT)
- How to label containers (California / DOT)
- How to placard bulk packages and trucks
- Training requires mandated by the DOT
- Training requirements mandated by California
- How to identify hazardous substances
- Container & tank rules in California
- Emergency response procedures
- Segregation of chemicals
- Empty containers
- Universal wastes
- Spill containment
- Truck driver safety



**EPA / DOT / OSHA Code
of Federal Regulations included**

FIRST RESPONDER AWARENESS

FRA: Awareness Level: \$85
Regulation: 29 CFR 1910.120 (q)
Time: 1 Day



This certificate course is designed for employees who are likely to witness or discover a hazardous substance release. The purpose is to help company employees be aware who to notify in the event of an emergency.

Brief: Employees will learn how to spot a spill and who to contact.

Covered topics include the following:

• Identify Hazardous Substances	• Site Control
• Hazardous Conditions	• Site Security
• Emergency Notifications	• Response Plan
• Emergency Response Information	• And More

FIRST RESPONDER OPERATIONS

FRO: Operations Level: \$150
Regulation: 29 CFR 1910.120 (q)
Time: 1 Day



The course is designed for employees who respond to releases or potential releases of hazardous substances as part of the initial response to the site for the purpose of protecting nearby persons, property or the environment from the effects of the release.

This class will inform employees how to contain the release from a safe distance.

Brief: Employees will learn how to spot a spill, who to contact and how to contain the spill from a safe distance.

Covered topics include the following:

• Identify Hazardous Substances	• Site Control / Security	• Respiratory Protection
• Hazardous Conditions	• PPE Usage	• Rescue Procedures
• Emergency Notifications	• Response Plan	• Containment
• Spill Control	• Decontamination	• Termination Procedures
• Emergency Response Information	• Risk Assessment	• And More

HM - TECHNICIANS LEVEL

Technicians Level: \$250

Regulation: 29 CFR 1910.120 (q)

Time: 3 Days

This certificate course is required for employees who will be involved in the actual stopping of hazardous substance releases. The Technicians class also includes the First Responder Awareness Level-FRA and First Responder Operations Level-FRO courses as stated in this catalog.

Brief: *Employees will learn how to spot a spill, who to contact, how to contain the spill and how to stop the flow of a chemical spill.*

Covered topics include the following:

• Identify Hazardous Substances	• Site Control / Security	• Respiratory Protection
• Hazardous Conditions	• PPE Usage	• Rescue Procedures
• Emergency Notifications	• Response Plan	• Containment
• Spill Control	• Decontamination	• Termination Procedures
• Air Monitoring	• Toxicology	• Terminology
• Chemical Safety / Exposure	• Incident Commander	• SOP's
• Emergency Response Information	• Risk Assessment	• And More

First Responder Specialist Level is available upon request



FORKLIFT TRAIN-THE-TRAINER

Forklift Train-The-Trainer: \$250

29 CFR 1910.178

Time: 1 Day

Forklift Train-The-Trainer:

Qualifies your personnel to certify your employees to drive forklifts.



Forklift Trainer Information:

This course will teach your trainers all the regulations pertaining to the current Fed-OSHA and Cal-OSHA Powered Industrial Truck Regulations. *Your trainer will be ready to certify your employees immediately after taking this class.*

A training kit will be provided to each student for training, certification and OSHA compliance. This course will also prepare your trainer in the event of an OSHA audit - (regarding forklifts).

Training Kit Includes:

- 130 Page Instructor Forklift Book Binder
- 15 Page Student Training Manual (free to copy)
- Copy of the PIT Federal Regulations
- Full Color 64 Slides on CD-Rom (Power Point)
- CD-ROM of all materials
- Student Evaluation Forms
- Forklift Inspection Sheets
- Student Sign-in Sheets
- Student Test
- Student Certification
- Wallet Cards



FEMA INCIDENT COMMANDER

Incident Commander: \$300
29 CFR 1910.120 (q)
Time: 1 Day

This certificate course meets and exceeds OSHA requirements for **29 CFR, Part 1910.120 (q)**. The course is required for senior emergency response officials who have ultimate site control responsibilities. The senior official shall confirm the Incident Command System (ICS) is in place and the position of the Incident Commander instituted. Course will explain the Incident Command System and the role of the IC.



CONFINED SPACE ENTRY

**Permit-Required Confined
Space Entry: \$90**
29 CFR 1910.146
Time: 1 Day



This certificate course meets and exceeds OSHA requirements for **29 CFR, 1910.146**. Confined Space training includes permit-required and non-permit-required required confined spaces. Employees will learn how to characterize permit-required confined spaces, develop a permit, air monitor and select personal protective equipment.

Covered topics include the following:

- Hazard Evaluation
- Roles of Confined Space Personnel
- How to Evaluate Confined Spaces
- Air Monitoring Procedures
- Permit Development
- Respiratory Protection
- Lockout / Blockout Regulations
- Tripod Usage (Private Only)
- Hands on Entry (Private Only)



MAP TO CLASS

Cal-State University Fullerton

800 N. State College Blvd.,
Fullerton, CA 92834



Access: Park in the State College Parking Structure (SCPS)

- Exit 57 Freeway at Yorba Linda Blvd. go west.
- Go to State College and turn left.
- Go to W. Campus Dr. and turn left.
- Turn left at the first street. SCPS is on the right.
- Purchase a daily "Student Parking Permit" at the ticket machines located on the 2nd and 4th floors. \$8 per day. Do not park on the first floor.



- **Class starts at: 8:00 a.m.**
- Class located in the:
Titan Student Union Building
- Call (714) 425-9915 if lost on campus
- Printable map at www.Safetycat.com

Registration Form

Complete and fax to (888) 366-3115

Company Name: _____

Co. Address: _____

Co. City /State/Zip: _____

Contact Name: _____

Phone#: _____

Fax#: _____

Name of Requested Class: _____

Date of Class: _____

Name of Students:

4 Easy Ways to Register:

1. CALL: (800) 922-3520

2. INTERNET: Visit our site at
www.SafetyCat.com

3. FAX: Complete the registration page
found above and fax back to:
(888) 366-3115

4. MAIL: Complete the registration page
and mail back to:

SMS

5405 Alton Parkway, Suite 5A-549
Irvine, CA 92604

2010 CLASS INFORMATION

CLASS	COST	2010											
		WINTER 2010				SPRING 2010				SUMMER 2010			
		JAN	FEB	MAR	APR	MAY	JUN	JULY	AUG	SEP	OCT	NOV	DEC
40 HR HAZWOPER	\$325	19-22	16-19	16-19	13-16	11-14	1-4	13-19	24-27	14-17	12-15	9-12	7-10
24 HR HAZWOPER	\$250	19-21	16-18	16-18	13-15	11-13	1-3	13-15	24-26	14-16	12-14	9-11	7-9
8 HR HAZWOPER REFRESHER	\$85	19 or 20	16 or 17	16 or 17	13 or 14	11 or 12	1 or 2	13 or 14	24 or 25	14 or 15	12 or 13	9 or 10	7 or 8
4 HR HAZARD COMMUNICATION	\$75	20	17	17	14	12	2	14	25	15	13	10	8
FIRST RESPONDER AWARENESS	\$85	19	16	16	13	11	1	13	24	14	12	9	7
FIRST RESPONDER OPERATIONS	\$150	19-20	16-17	16-17	13-14	11-12	1-2	13-14	24-25	14-15	12-13	9-10	7-8
RCRA / DOT HAZMAT <i>(California Waste Management)</i>	\$250	29		15		10		12		13		8	
DOT HAZMAT	\$150	29		15		10		12		13		8	
FEMA INCIDENT COMMANDER	\$300			25					20				
SUPERVISOR HAZWOPER	\$250				22					23			
CONFINED SPACE ENTRY	\$90				23					24			
FORKLIFT TRAIN-THE-TRAINER	\$250	28		26		21		23*		10*	29*		6

*Queen Mary, Long Beach

Classes Held at Cal-State University Fullerton